

forwardly placed connection means for attaching to medial and lateral cable portions to cause the boot to flex forward, wherein said connection means are located in one general region at the forward area of the boot; and

means for adjusting the amount of forward flexing of the boot.

85. (New) A boot, comprising:

forwardly placed redirecting means for changing the direction of a cable portion toward the rear of the boot to cause the boot to flex forward, wherein said redirecting means are located in one general region at the forward area of the boot; and

means for adjusting the amount of forward flexing of the boot.

86. (New) A boot, comprising:

medial and lateral side cable members, wherein the cable members are attached to the front or instep region of the boot at one general position.

87. (New) The boot according to Claim 86, further comprising:

a shell portion, wherein the cable members are attached to the front or instep region of the shell at one general position.

88. (New) A boot, comprising:

medial and lateral side cable members, wherein the cable members are connected to a single connection point or region on one side of the boot.

89. (New) The boot according to Claim 88, further comprising:

a shell portion, wherein the cable members are connected to a single connection point or region on one side of the shell.

90. (New) A boot comprising:

a cable member held to a front or instep position on the boot, wherein the cable member is guided to the rear of the boot from the one position.

91. (New) The boot according to Claim 90, further comprising:  
a pulley, wherein the pulley guides the cable member to the rear of the boot.
92. (New) The boot according to Claim 90, further comprising:  
a shell having holes, wherein the holes guide the cable member to the rear of the boot.
93. (New) The boot according to Claim 90, wherein the cable member is guided to  
the rear of the boot and along both sides of the boot.
94. (New) A method of causing forward flexure of a boot, comprising:  
attaching cable portions to one general position at the front or instep region of the boot.
95. (New) A method of causing forward flexure of a snowboard boot, comprising:  
running a cable portion from both sides of the boot to one general position at the front or  
instep region of the boot.
96. (New) A method of causing forward flexure of a snowboard boot, comprising:  
running a cable portion from one side of a boot to one general position at the front or  
instep region of the boot; and  
returning the cable portion from the opposite side of the boot.

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